## MAKING A SWEET TREAT WITH SALT

All you need in tightly sealing plantic bags, in 2 different stres; I oup of milk; 'A cup of sugar; I teaspoon vanilla essence; 'A cup rock salt; 3 cups of lea





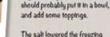












STEP 4.

point of the loe, creating an environment in which the milk mixture enald freeze and beenme toe cream. The shaking and tossing moved the milk around so that it could freeze evenly, and make the lee cream deliciously

Open the larger bag and remove the smaller bag. Open the smaller

bag and eat your lee cream! You

STEP I.

Get your ingredients

Pour a oup of milk into the smaller of the two plastic bace, add the sugar and vanilla essence. Seal the bag tightly and shake the bag to mix all the ingredients.

## STEP 2.

Next the sugar

Dut all of the ice into the larger bag and add the rock salt. Now put the smaller bag inside the larger bag and seal the bag Hightly

## STEP 3.

Shake the bag as much as you can. Toss it from hand to hand, shake and toss and shake and toss - for about 5 minutes. You might need gloves on - all that toe will be cold!



smooth