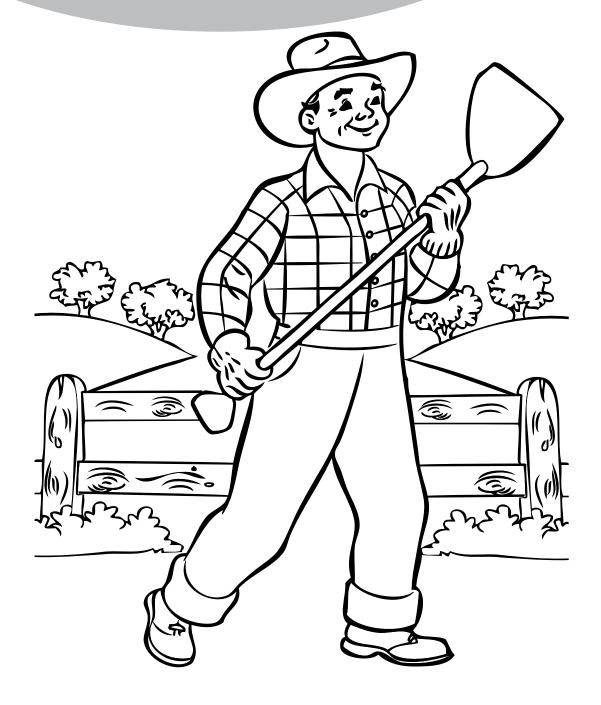




Colouring Book

# Farmers,<br/>Food and Fibre

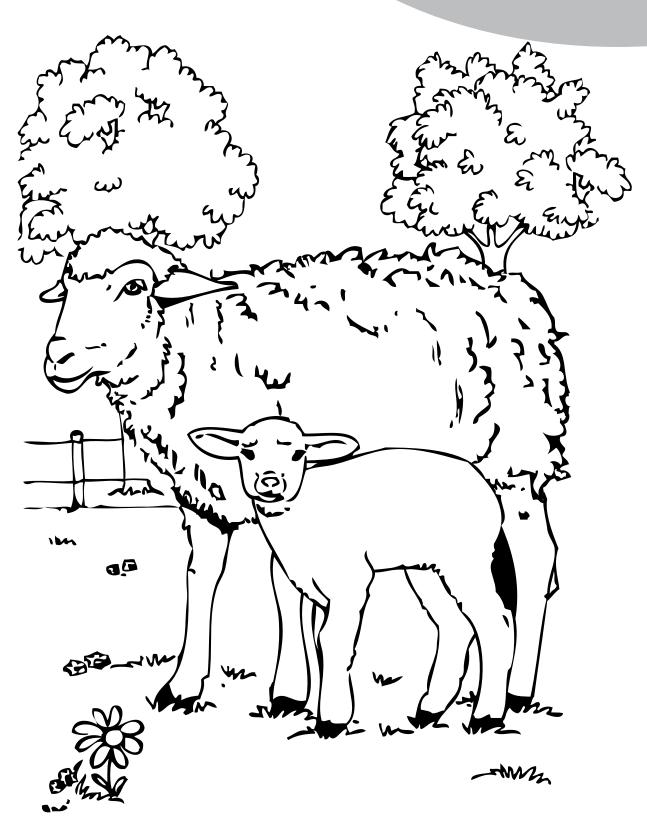


Food is what we eat. Fibre is what our clothes are made from.

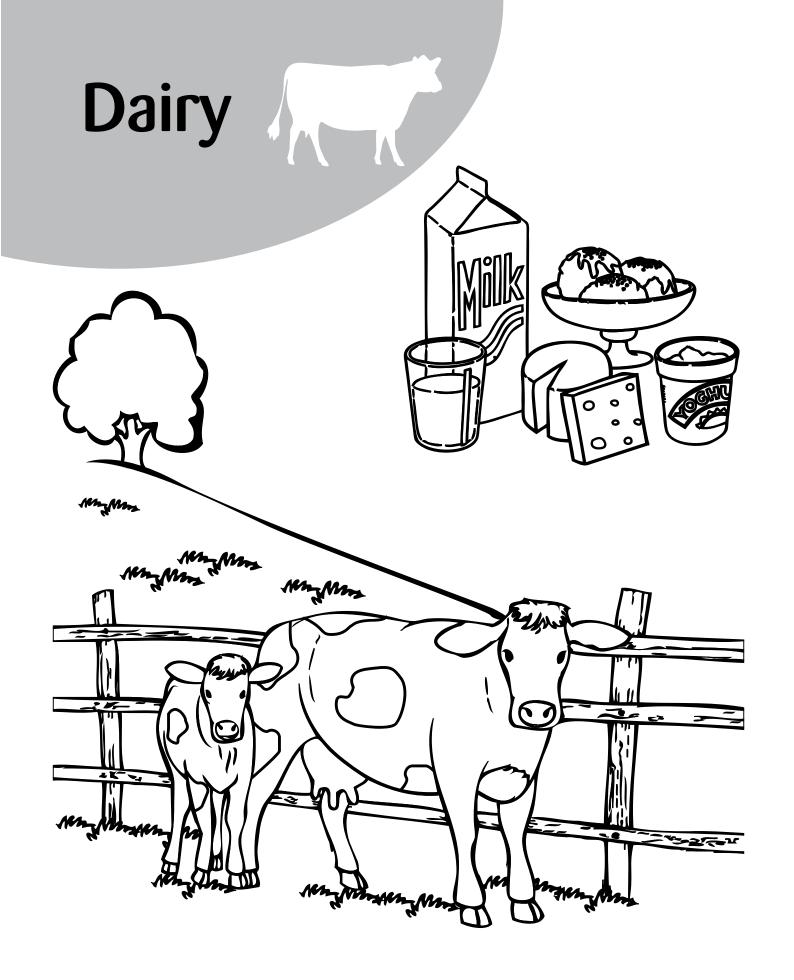
Each and every day of the year, Australian farmers are working to help to feed and clothe us.

**LET'S GO VISIT A FARM!** 

### Sheep



Sheep farmers take very good care of their sheep to make sure they give us beautiful soft wool to make our clothes.

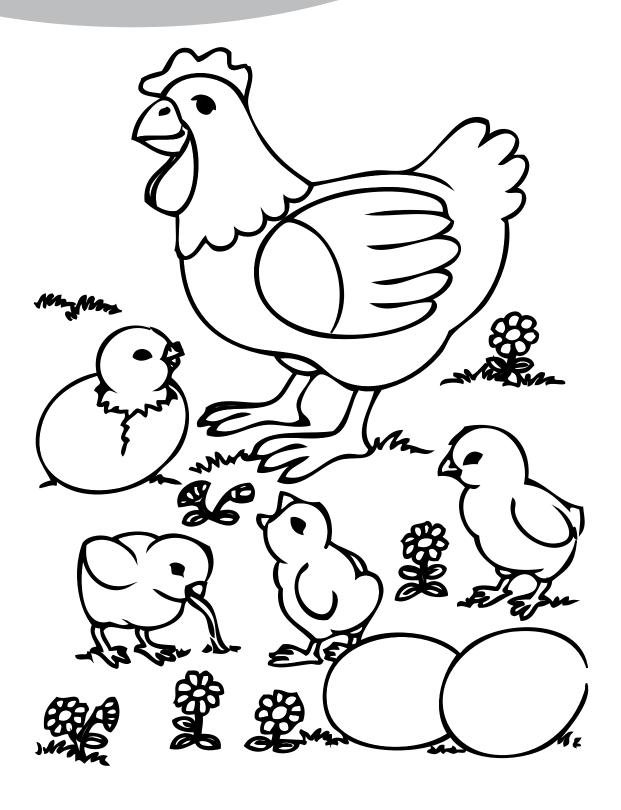


Dairy farmers get up very early to milk their cows so that we can have fresh milk. Milk is used to make butter, cheese, yogurt and ice cream!

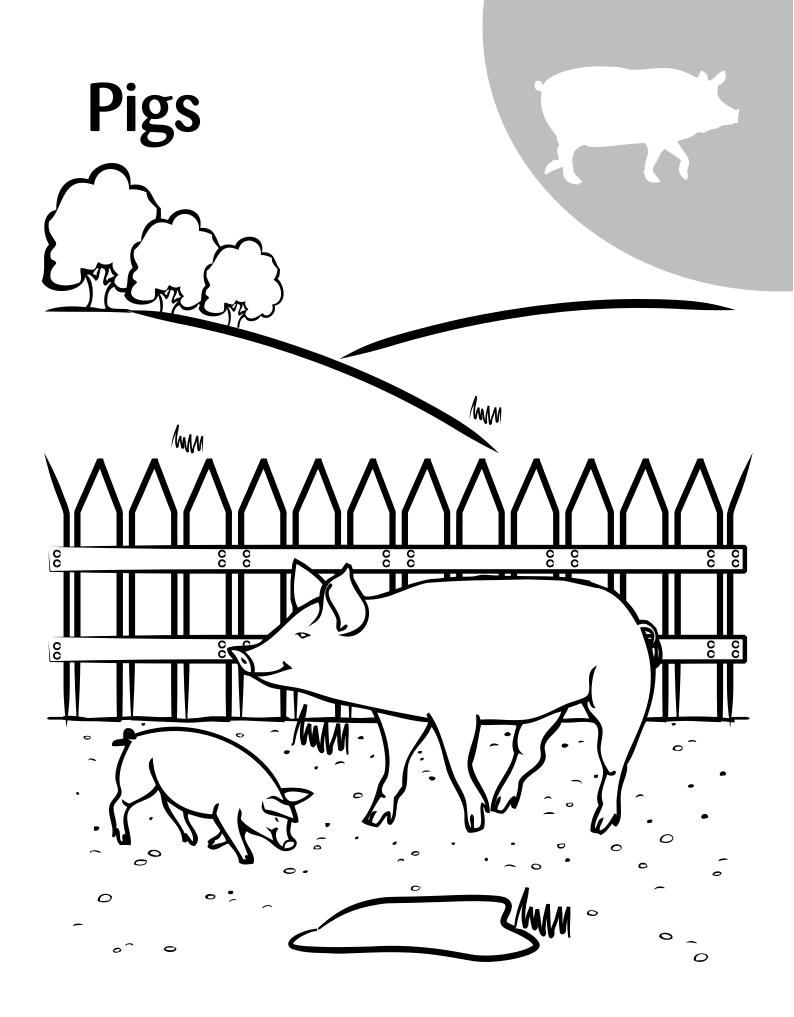


Some farmers raise alpacas. Alpacas give us beautiful soft fleece to keep us warm and cosy.

#### Poultry

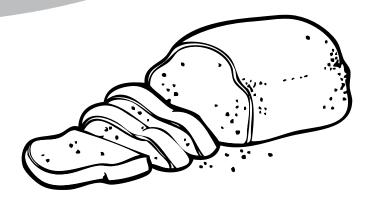


Poultry farmers feed their chickens and keep them safe so that we can have fresh eggs every day.



Pig farmers take special care of their pigs and piglets and grow them to give us pork, bacon and ham.

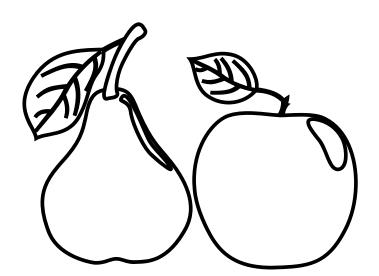
#### Grains





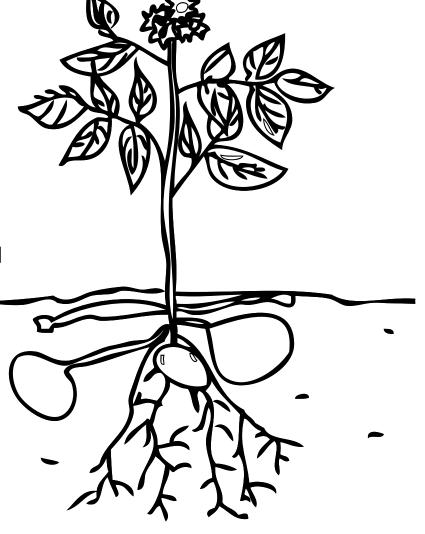
Grain farmers plant seeds and grow the crop until it is ready to harvest. The grains are made into bread, pasta, cakes and lots of other good things to eat.

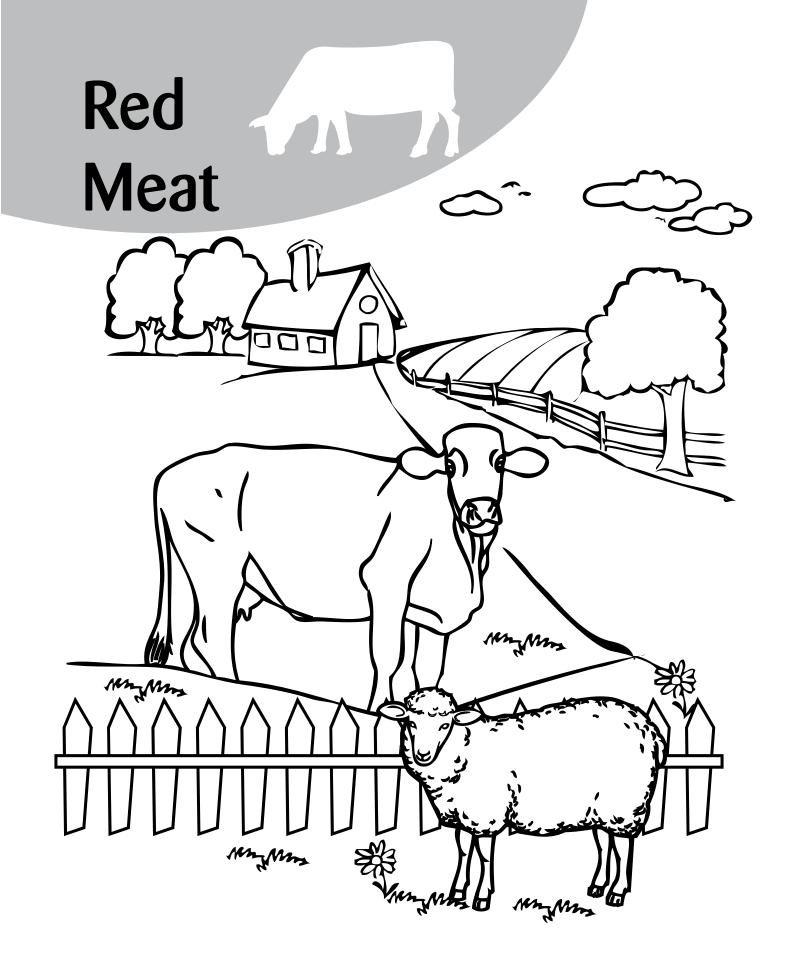
# Fruit and Vegetables



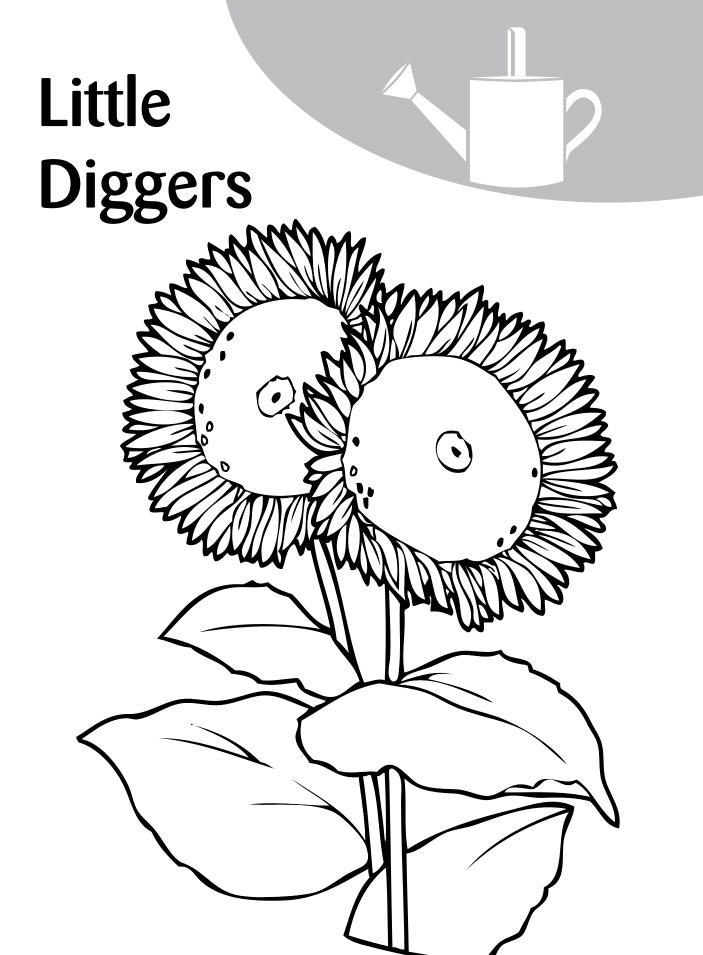
Farmers plant fruit trees and care for them until the fruit is nice and ripe for us to eat.

Farmers care for their land and grow lots of delicious vegetables for us to eat. Potatoes grow underground, all covered in soil.





Cattle farmers fatten their cattle until they are big enough to give us beef to eat. Sheep farmers raise sheep until they grow big enough to provide us with lamb to eat.



Some farmers plant sunflower seeds and look after them until their flowers grow big and tall. The oil in the seeds is then used to make margarine and cooking oil.



## Congratulations you are now a Junior Farm Hand!

You have also seen where your food and fibre comes from and the fantastic job our Australian farmers do every day.



A farmer cares for the land, grows plants and raises animals to feed and clothe us.



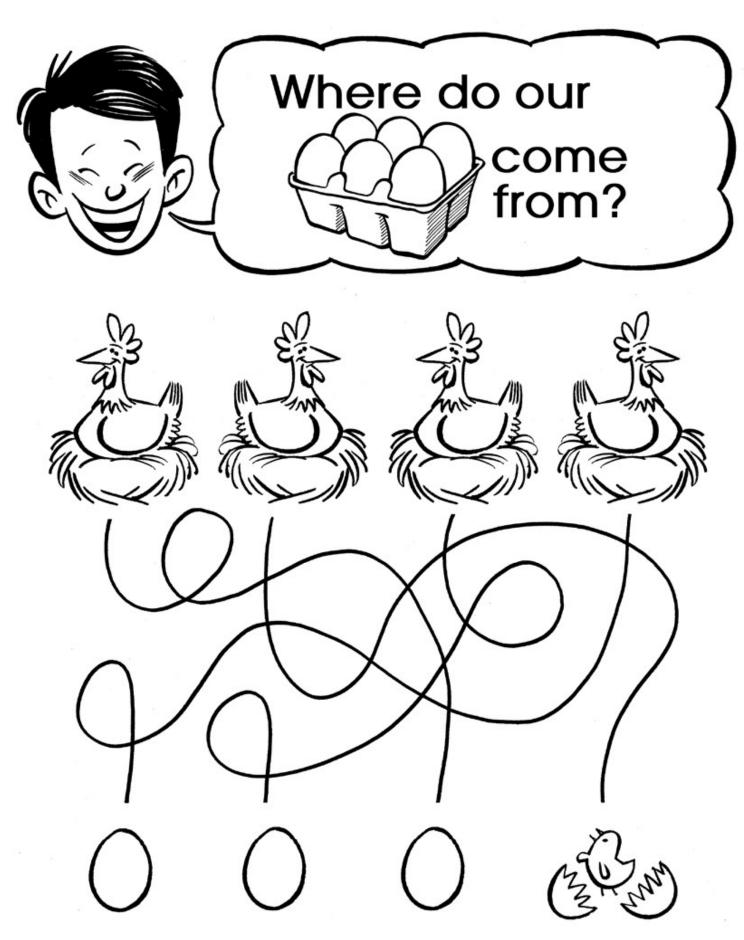
Sheep, alpacas and cotton are all farmed to give us fibre. Fibre can be made into clothing.



Dairy cows are milked every day to give us milk. Milk is used to make butter, cheese, yoghurt and ice cream.



Vegetables grow above and below the ground. There are many different kinds. They are very healthy for you.



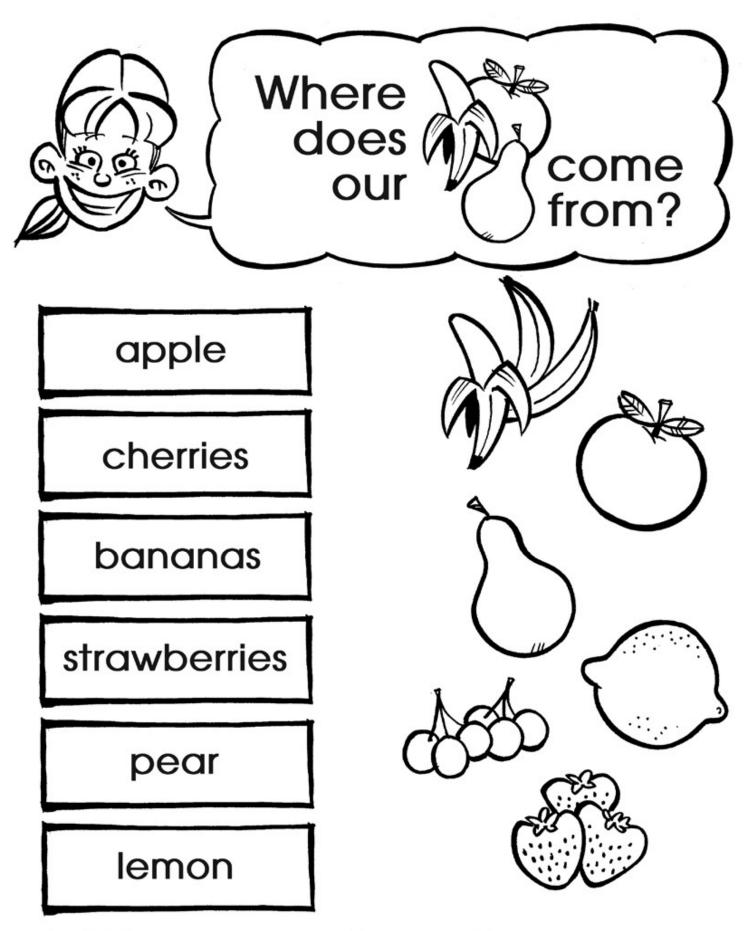
Hens lay eggs for us to eat. Farmers keep hens healthy and safe, so they can give us eggs every day.



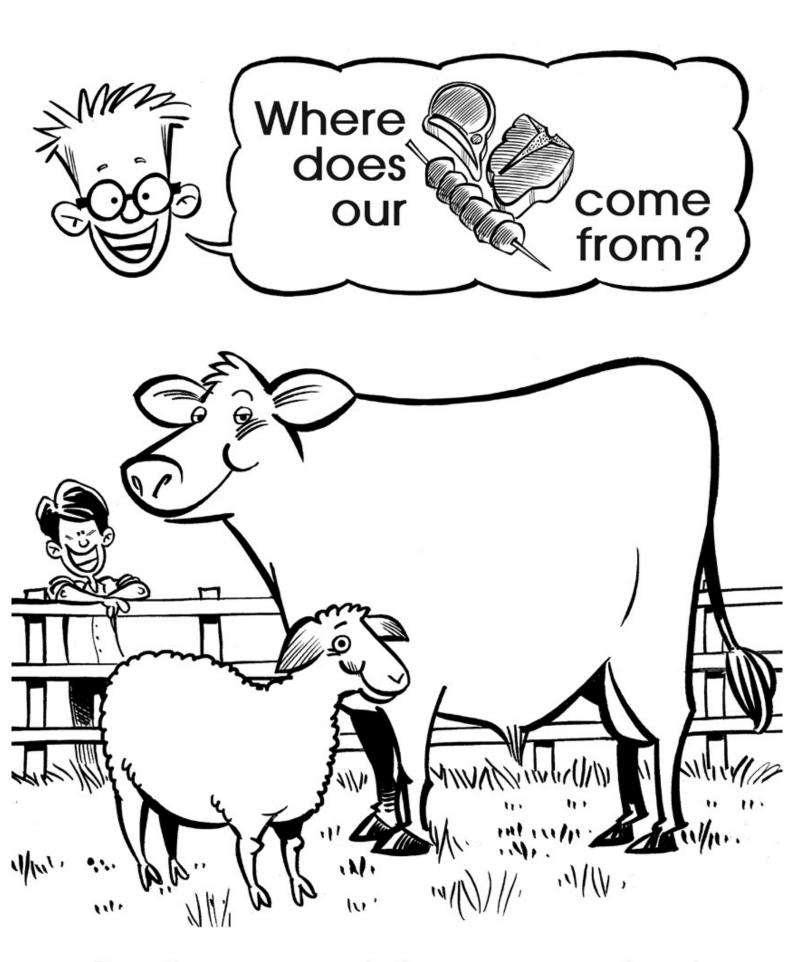
Pigs are raised to give us bacon, pork and ham. Baby pigs are called piglets.



Bread is made from a grain called wheat. Pasta, cakes and biscuits are also made from grains.



Fruit is grown on farms. Farmers grow fruit on trees and vines. Match up the name of the fruit with its picture.



Beef cows and sheep are raised to give us red meat. Circle the animal a lamb chop comes from.



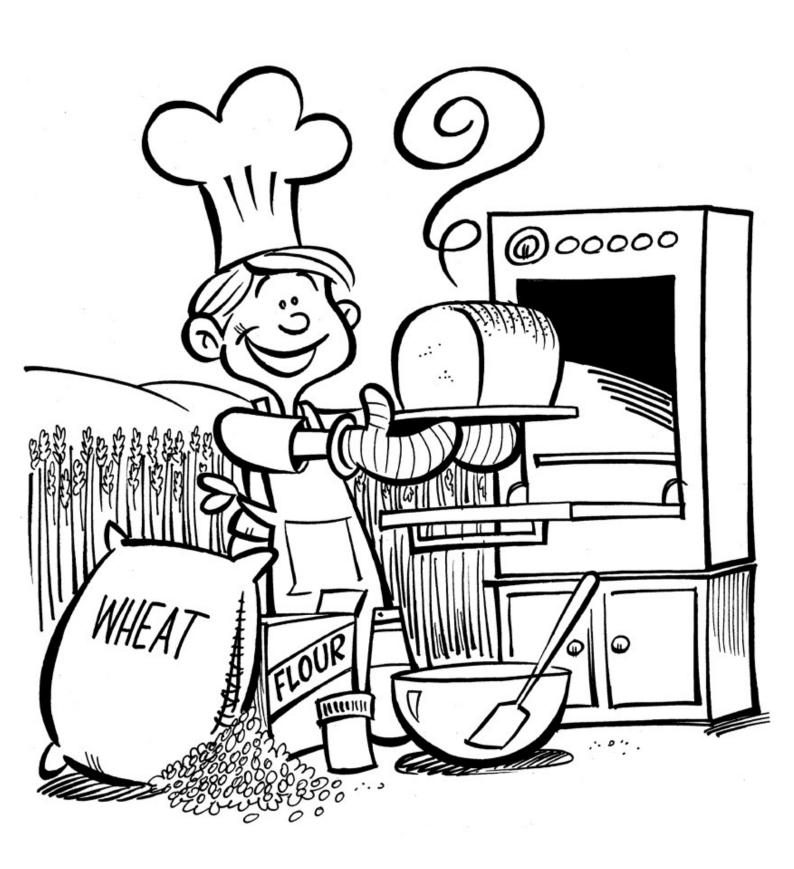
Some of our farmers raise fish in fish farms and some grow mushrooms that live without sunlight.



## Congratulations you are now a Junior Farm Hand!

You have also seen where your food and fibre comes from and the fantastic job our Australian farmers do every day.





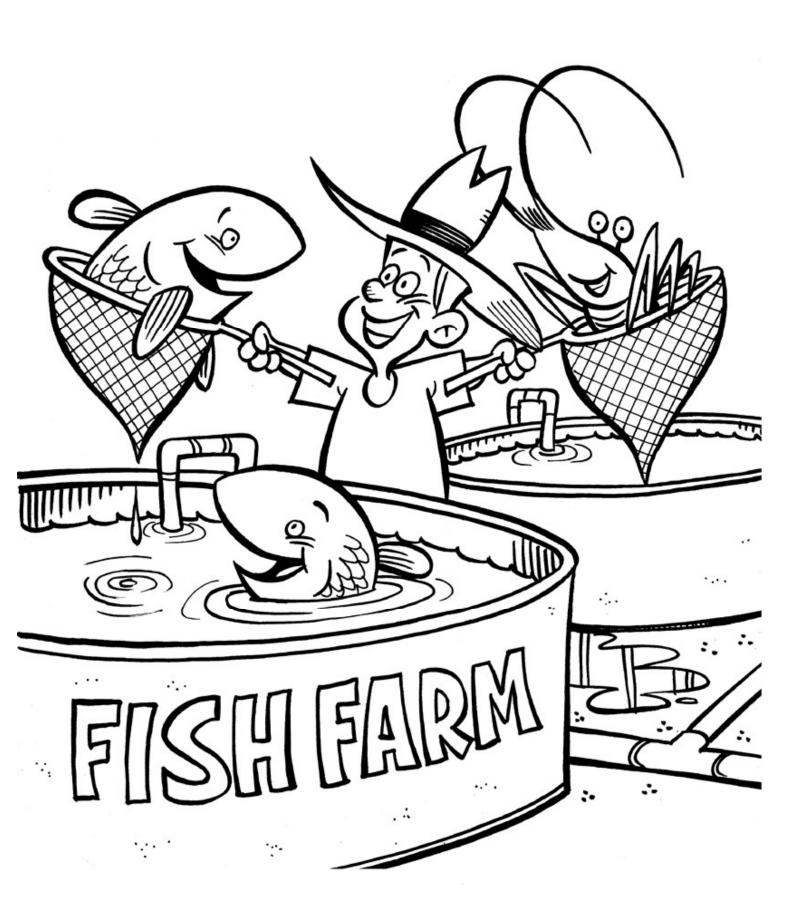
I want to be a farmer to grow wheat to make bread



I want to be a farmer to grow wool to make thread



I want to be a farmer to grow trees with juicy fruit



I want to be a farmer to catch fish while wearing big boots



I want to be a farmer to raise a pink pig



I want to be a farmer to have vegies to dig



I want to be a farmer so I can milk dairy cows



I want to be a farmer so I can cut my hay now



I want to be a farmer to gather eggs from my hens



I want to be a farmer to work in cow pens



## Congratulations you are now a Junior Farm Hand!

You have seen where your food and fibre comes from and the fantastic job our Australian farmers do every day.

**Illustrations by Peter Broelman** 

www.rasnsw.com.au/engaged